



440 Grove Street Worcester, MA 01605

Worcester Fitness creates dynamic, individualized fitness and health programs that focus entirely on member experience.

If you're having fun, you'll keep coming in.

If you keep coming in, you'll get in the **best shape of your life.**

INDIVIDUAL MEMBERSHIP

\$109/monthly *or* \$1178/year pre-paid annually

COUPLE MEMBERSHIP

\$168/monthly *or* \$1815/year pre-paid

*Young Adult add-on \$49/monthly *or* \$530/year pre-paid

AGES 65 & UP

\$79/monthly *or* \$853/year pre-paid

*Spouse add-on \$59/monthly *or* \$637/year pre-paid

YOUNG ADULT

\$59/monthly *or* \$637/year pre-paid

*Ages 16 - 24

JUNIOR

\$35/monthly *or* \$378/year pre-paid

*Ages 11 - 15, Limited Use/Must purchase JR Fitness Training \$129

FIT PASS - 10 VISITS

\$180

WORCESTER FITNESS HIGH DEFINITION

Small Group Specialized Classes

Unlimited Classes • \$99/month Add-on

HD 10 Package (expires 4 months) • \$200

Drop In/class • \$30

CLUB HOURS

Monday - Friday 5:00AM-10:00PM • Weekends 7:00AM - 8:00PM

Monthly memberships renew via Electronic Funds Transfer (EFT) on the first of every month through credit card or checking/savings account. First and last month dues are paid upfront. A written ten (10) day notice to cancel is required. No refunds for pre-paid dues. Annual memberships begin on the day of joining and run for 12 consecutive months. At the end of the 12 month period members can renew at the current annual membership rate. Memberships include two personal training sessions per member, quarterly fitness profiles, weekly group exercise classes, kids korner, pool, racquetball, all cardio & strength equipment and access to both Worcester and Plymouth locations.